

Dr. X. Carmen Qadir's doctoral training was completed at Tulane School of Medicine (New Orleans, LA), followed with a post-doctoral fellowship with the National Institutes of Health (Bethesda, MD). She has a certification in Public Health, Leadership & Management from Johns Hopkins Bloomberg School of Public Health (Baltimore, MD) and an M.B.A. from the George Washington University School of Business (Washington, D.C.).

Dr. Qadir is a Board-Certified Coach (BCC) with an Executive designation and a Trauma-Informed Professional Coach (TIPC™). She is certified in Trauma Mitigation Coaching (TMC™) and Brain-Based Coaching (BBCC). She has a certification in Human Resources Management and Analytics from Wharton University of Pennsylvania – Executive Education.



Dr. Carmen Qadir has 22+ years of experience working, coaching, and consulting in higher education institutions (academic medicine), private & public healthcare organizations, STEM organizations, and non-profit.

She has held numerous leadership positions for various organizations overseeing clinical & research operations and people management. She has worked with executives and senior administrators in healthcare, science/technology, engineering and businesses across the country to identify organizational needs, discover better solutions, and implement the necessary strategies into practice.

She has become a trusted advisor & coach to leaders and executives seeking to enhance their leadership skills, navigate complex organizational challenges, and drive transformational change. Her extensive knowledge allows her to tailor her coaching approach to the specific needs and goals of her clients, ensuring maximum impact and sustainable results. Dr. Qadir employs a collaborative and results-oriented coaching style. She empowers her clients to identify their strengths, confront their challenges, and unlock their full potential. Through a combination of insightful questioning, active listening, and evidence-based methodologies, she helps individuals and teams achieve breakthrough performance and achieve their institutional or professional goals.

She is certified to deliver Benchmarks® Assessments, ISI/CSI Assessments, Hogan Assessment, Workplace Big Five Profile, and Firo-B Assessment.

Dr. Qadir is an active member in the following:

- International Coaching Federation (ICF), international & local chapter -Board Member, Ex-Director for ICF - Houston Chapter
- Institute of Coaching (IOC), McLean / Harvard Medical School – Fellow & Board Member (Diversity, Equity & Inclusion)
- Executive Coach Partner, American College of Healthcare Executives (ACHE)
- American Association for Physician Leadership (AAPL)
- Forbes Coaches Council, Member & Group Council Member Lead