

JANE BOSWICK-CAFFREY

Jane Boswick-Caffrey is an accomplished executive coach and leadership development consultant with extensive experience in healthcare. A scientist at heart, she began her career in basic science and clinical research and spent several years as an executive in the drug development industry before turning her focus to executive coaching and leadership development. Most recently, Jane served as Assistant Vice President of Organizational and Leader Effectiveness for Duke University Health System, where she created and led many new initiatives in coaching and culture change.



Jane earned her BS in Zoology at Duke University, an MPH in Biostatistics from the University of North Carolina, and MBA from the Wharton School, University of Pennsylvania. She is a Professional Certified Coach (PCC) and holds many certifications in leadership assessments. She has served on multiple boards and co-authored 38 publications in scientific, medical, and business peer-reviewed literature.

Jane believes that presence, accountability, and self-compassion are critical for all leaders and that embracing these traits can help leaders bring out the best in themselves and their teams. Her coaching style helps leaders recognize and embrace both their innate strengths and skill gaps and then build on that awareness with a program of self-management and personal growth.

Since 2005, Jane has worked with organizations in the US, Europe, and South Africa to coach and develop both emerging leaders and senior executives. While she has worked across many industries, she has a passion for helping leaders navigate the complexities of the healthcare industry and has worked with physicians and nurses at all stages of their careers. Jane and her husband divide their time between Ireland and North Carolina. She enjoys hiking, swimming, cooking, and volunteer work with young leaders.