

DR. X. CARMEN QADIR

Dr. X. Carmen Qadir's doctoral training was completed at Tulane School of Medicine (New Orleans, LA), followed with a post-doctoral fellowship with the National Institutes of Health (Bethesda, MD). She has a certification in Public Health, Leadership & Management from Johns Hopkins Bloomberg School of Public Health (Baltimore, MD) and an M.B.A. from the George Washington University School of Business (Washington, D.C.). Dr. Qadir is a Board Certified Coach (BCC) and Trauma-Informed Professional Coach (TIPC™). She is certified in Trauma Mitigation Coaching (TMC™) and Brain-Based Coaching (BBCC).



Dr. Qadir has worked in the academic medical, private, and government sectors. She has held numerous leadership positions for large health systems. Dr. Qadir has worked with executives and administrators in healthcare, pharmaceuticals, and business across the country to identify organizational needs, discover better solutions, and implement necessary strategies into practice. Her expertise also includes coaching executive healthcare leaders, healthcare administrators, physicians, physician assistants, nurses, medical assistants, pharmacists, medical trainees (medical students, medical residents, medical fellows), and other healthcare professionals who desire professional growth and development.

Due to many years of hard work in various work environments, Dr. Qadir is an expert in personalized growth which includes development of leadership skills, burnout prevention and recovery™, self-awareness, career transitions, and growing interpersonal skills.

Dr. Qadir is an active member in the following:

- International Coaching Federation (ICF), international & local chapter Board Member, Director for ICF - Houston Chapter
- Institute of Coaching (IOC), McLean, Affiliate of Harvard Medical School Board Member (Diversity, Equity & Inclusion)
- Executive Coach Partner, American College of Healthcare Executives (ACHE)
- American Association for Physician Leadership (AAPL)
- Forbes Coaches Council