

## AMANDA MATHIS

Amanda coaches and consults with individual clients and senior teams who seek greater effectiveness in addressing personal, organizational, and leadership challenges. Her 25+ years of coaching experience with over 1,000 clients informs her work and attests to her passion to help clients achieve their goals. In addition to coaching, Amanda has facilitated strategic planning and organization restructuring as well as instituted coaching and communication training programs for organizations. Her current clients come from the healthcare, higher education, and not-for profit sectors.



Amanda has been an executive coach and adjunct faculty member at The Center for Creative Leadership (27 years) and at Duke Corporation (20 years), two of the top ranked global providers of executive education.

Her work draws on her understanding of psychology, systems, culture, influence, and change. With certifications in a multitude of leadership assessment instruments, Amanda is able to offer leaders a data-based approach to identifying high-impact goals and action steps. Having lived and worked abroad in leadership development for three years, Amanda relishes working with diverse cultures.

Amanda balances a warm, engaging approach with candid feedback. Clients appreciate her curiosity and help in identifying fresh perspectives. She partners with her clients to develop clean goals and effective action steps to meet their desired outcomes.

Amanda received her B.A. from Duke University, where she focused on developmental psychology, social systems, and the philosophy of religion. Her MSW degree from UNC-CH focused on individuals, groups, and systems. Prior to 1995, Amanda worked as a clinician in community mental health, as an Associate Professor of Outpatient Psychiatry at Duke University Hospital, and as a co-founder and managing partner of a small business.